



the centre for

Health & Well Being

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Normalize sensitivities with N.A.E.T.

N.A.E.T. (Nambudripad's Allergy Elimination Techniques) is a technique that combines many previously known methods in a unique way that effectively eliminates allergies.

Many undiagnosed allergies result in severe and chronic ailments. For example, allergens can manifest in respiratory, circulatory, digestive, reproductive, musculo-skeletal, cognitive and immune problems. Accidental contact with an allergen can produce terrifying toxins in the body that result in clearly diagnosed illness just as though that person had taken a poison. An accurate diagnosis is not always easy, for the milder the complaint the harder it is to pin down a diagnosis to deliver an effective therapy.

In an allergic response the person's body sensing systems (nervous system, immune system, acupuncture meridian system) views the substance as a threat to the body's well being. In N.A.E.T. allergic responses are viewed from a holistic perspective as the energy flowing through the meridians is blocked or disrupted causing an interference in communication between the brain and the body via the nerves. This blocked energy flow is the first step in a chain of events which can develop into an allergic response.

N.A.E.T. is a non-invasive painless and natural method that can be used safely on anyone. This technique desensitizes the individual in stages to specific substances. Following the treatment, the substance(s) must be completely avoided for 25 hours. In most cases one session eliminates an allergy but highly sensitive individuals sometimes require additional combination clearings. There are 10-20 basic treatments and then sensitivities specific to the individual can be addressed. Unexpected or emergency responses can be dealt with out of sequence.

The first N.A.E.T. visit will be 30 minutes with Dr. Hunt. This includes a consultation and treatment followed by a 15-20 rest period. Subsequent visits will be 10 minutes with Dr. Hunt and a 15-20 minutes rest period. You will also need to purchase The NAET Guide Book (\$15.00) to correctly carry out the required protocol.

The treatments themselves entail testing vials of allergens and then treating appropriate acupressure points with a non-invasive and painless instrument. Treatments are usually done once per week until the person is cleared. Please request N.A.E.T. specifically when you are booking an appointment for this therapy.

Dr. Verna Hunt BSc DC ND

The Centre for Health & Well Being
2927 Dundas Street West, Toronto, Ontario, M6P 1Z1

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t: 416-604 8240 f: 416-604 9665

w: www.healthandwellbeing.info
e: info@healthandwellbeing.info