

the centre for

Health & Well Being

www.healthandwellbeing.info

JANUARY/FEBRUARY SPECIALS

ACTIVATED AIR SERIES - Regular \$150 on sale for \$100
Ten 20 minute sessions of activated oxygen. See pamphlet.

Skin Brushes - Regular \$30 on sale for \$24
Helps stimulate the lymph and circulatory systems, and can be used dry or wet.

Palm'Hydra Body is a natural cream moisturizer for healthy skin and is rich in Palma Christi l'Originelle castor oil (emollient with anti-inflammation properties) and grapeseed oil (anti-aging, smoothing, refreshing, anti-oxidant and regenerating activity). Used on a daily basis, Palm'Hydra body transforms your skin by restoring its softness and elasticity, and contains a synergy of balancing and regenerating essential oils and is suitable for all skin types. 120ml
Regular \$33.00 on sale for \$28.00

Palm'Hydra Face is a moisturizing face cream, and a must-have natural skin care product for healthy skin. Palm'Hydra face deeply nourishes your skin. Day after day, you will notice your skin's transformation: your complexion becomes more luminous and your wrinkles smooth out. Palm'Hydra face is rich in Palma Christi l'Originelle castor oil and grapeseed oil, sweet almond oil (emollient), shea butter (rich in vitamin A, E, F, restores skin elasticity and moisture), and specific essential oils (balancing and regenerating activity). Palm'Hydra face is suitable for all skin types. 60 ml
Regular price \$23.00 on sale for \$19.50

Palm'Hydra Hair and Scalp is a 100% natural warm oil hair treatment with castor oil, coconut oil, a synergy of essential oils and green clay. Results are astounding. Applying Palm'Hydra Hair & Scalp once per week gives you silky hair and maintains a healthy scalp. For therapeutic treatment, apply Palm'Hydra Hair & Scalp 2 to 3 times per week. Particularly effective for reducing hair loss and restoring a healthy scalp. 250ml Regular \$19.00 on sale for \$16.00

Palma Christi L'essentiel is the Palma Christi l'Originelle with a synergy of essential oils. Ideal for insect bites, contusions, sunburn, cuts, burns and much more. Rich in vitamin E; promotes fast healing. 30ml
Regular price \$11.00 on sale for \$9.00

Dr. Verna Hunt BSc DC ND

The Centre for Health & Well Being
2927 Dundas Street West, Toronto, Ontario, M6P 1Z1

t: 416-604 8240 f: 416-604 9665

w: www.healthandwellbeing.info
e: info@healthandwellbeing.info